

The book was found

# The Food Allergy Cure: A New Solution To Food Cravings, Obesity, Depression, Headaches, Arthritis, And Fatigue



## The Food Allergy Cure

A New Solution to Food Cravings, Obesity,  
Depression, Headaches, Arthritis, and Fatigue

Test Yourself to Discover What Foods You Don't Tolerate

Choose Food and Enzymes to Correct Digestive Disorders

Improve Your Immune System to Enjoy Improved Overall Health

Ellen Cutler, M.D.



## **Synopsis**

Food allergies are one of the most common chronic medical conditions. Dr. Ellen Cutler, a chiropractor and naturopath, has spent ten years studying enzyme therapy and nutrition and their relationship to allergies, asthma, immune disorders, and chronic diseases. Using methods derived from many disciplines -- including chiropractic, Eastern medicine, immunology, environmental medicine, genetics, and Western physiology and physics -- Dr. Cutler has found a way to combat allergies at their root: the immune response. Her system of techniques, called BioSET?, combines muscle testing, detoxification, enzyme and diet therapy, and chiropractic manipulation to desensitize people permanently to every kind of allergy, not only those caused by foods. To understand how Dr. Cutler's techniques work, it's helpful to think of the body as an electromagnetic organism in which energy flows along invisible pathways called meridians, or channels. Essentially, an allergic response is caused when these pathways are blocked by the immune response to an allergen. Dr. Cutler's techniques actually unblock these pathways, thus stopping the body's violent immune response. The Food Allergy Cure teaches you how to test yourself to determine the allergies you have and gives you simple techniques you can perform on yourself or your children to begin to lead an allergy-free life. In addition, there are helpful lists of foods and enzymes to correct digestive disorders such as lactose intolerance, chronic heartburn, irritable bowel syndrome, and constipation. Dr. Cutler also recommends foods that support the immune system's functioning and work to alleviate such disorders as hypothyroidism, hyperthyroidism, fibromyalgia, colitis, herpes, and candida. This blending of Eastern and Western medicine is so easy to implement and will be hailed as a new paradigm of twenty-first-century medicine. For the ninety million people who experience food allergies and haven't found relief in the usual approaches, The Food Allergy Cure offers a revolutionary program that allows sufferers to identify and alleviate specific food sensitivities immediately!\* Learn quick and easy methods to identify your allergies.\* Discover how to detoxify your body.\* Find the most effective means of eliminating food sensitivities.\* Take a self-diagnostic questionnaire to determine which specific enzymes will contribute to your optimum health. From the Hardcover edition.

## **Book Information**

File Size: 1350 KB

Print Length: 354 pages

Publisher: Harmony (June 4, 2010)

Publication Date: June 16, 2010

Sold by:Â Digital Services LLC

Language: English

ASIN: B003FCTZ0G

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #402,724 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #97  
inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments >  
Allergies #116 inÂ Books > Health, Fitness & Dieting > Nutrition > Food Allergies #146 inÂ Kindle  
Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Abdominal

## **Customer Reviews**

Great book. I've been performing this technique for more than 15 years and it does just what Dr. Cutler says. It's one of those not too well known secrets that is miraculous. The success rate is maybe 90%. It really works. I'm honored to be a part of this wonderful therapy that helps so many.

This is an amazing book for those suffering from food allergies. It gives an alternative perspective that is different from mainstream and is extremely helpful. As a mother with a child suffering from severe allergies, navigating through it all had been extremely difficult. I decided early on, not to put my daughter on daily medications and to manage her allergies holistically. This book has given me a better understanding of the root cause of food allergies and how to deal with them.

Very interesting information. I am considering the information and will eliminate certain foods to determine if they are culprits.

Not helpfulUnless you go to their Drs

Excellent!!!! I am finally finding relief from my many food allergies.

This treatment changed my life. It set me free of every allergy I treated, and I am still self treating more. It is very simple and uses stimulation of the spinal cord to stop allergic reactions and

reprogram the nervous system to no longer react to certain substances. Seems to good to be true, but it is!!! It is very real and very permanent. A moron could use this procedure. Peace, Levi

I have a number of food allergies and found this book to be very informative and extremely helpful. I recommend this to EVERYONE!!!

I was familiar with NAET treatment for allergies but learned that Dr. Cutler's treatment is very similar but she tells you how to do it for yourself...very helpful! Will be buying enzymes like she suggested. Everyone should read this book to know there is a cure for allergies of all kinds - mine are food related.

[Download to continue reading...](#)

The Food Allergy Cure: A New Solution to Food Cravings, Obesity, Depression, Headaches, Arthritis, and Fatigue Arthritis: An Ultimate Guide For Arthritis: (Symptoms of Arthritis, Rheumatoid Arthritis, Psoriasis Arthritis, Types of Arthritis, Cure for Arthritis) Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay Happy For Life (depression cure, postpartum depression, ... depression self help, depression free) Depression: The Depression Cure: The 11-Step Program to Naturally Beat Depression For Life (depression cure, depression books, depression and anxiety, ... emotional intelligence, mood disorders) The Food Intolerance Bible: A Nutritionist's Plan to Beat Food Cravings, Fatigue, Mood Swings, Bloating, Headaches, IBS and Deal with Food Allergies Adrenal Fatigue: Overcome Adrenal Fatigue Syndrome, Boost Energy Levels, and Reduce Stress (Adrenal Fatigue Syndrome, Reduce Stress, Adrenal Fatigue Diet, Adrenal Reset Diet Book 1) Autoimmune: The Cause and The Cure (This book identifies the cause & the cure for: Chronic Fatigue Syndrome, Fibromyalgia, Lupus, Rheumatoid Arthritis, Raynaud's, Rosacea, Myasthenia Gravis, Hashimoto's, Type 2 Diabetes, Multiple Sclerosis, Sjogren's, and more) How to prevent & reverse 100 diseases the new French way with Dr. Seignalet's diet miracle: Obesity - Arthritis -Migraines - Depression -MS -Crohn's - ... Fibromyalgia - Acne - Psoriasis - Lupus etc. E N B R E L (Etanercept): Treats Ankylosing Spondylitis (AS), Juvenile Idiopathic Arthritis (JIA), Plaque Psoriasis, Psoriatic Arthritis, and Rheumatoid Arthritis (RA) Chronic Fatigue Syndrome And Your Emotions: How To Successfully Treat Chronic Fatigue Syndrome In The Natural Way-A Key For Recovery (Chronic Fatigue Syndrome, ... Syndrome Fibromyalgia, Lupus, Book 3) Gut: The Key to Ultimate Health - SIBO, IBS & Fatigue (GAPS, Candida, Chronic Fatigue, Fibromyalgia, Adrenal Fatigue, SIBO, Parasites) Postpartum Depression Cure: The Self-Help Guide To Overcome Depression After Childbirth (Post partum anxiety, Post partum weight loss, Post partum depression)

The Fatigue and Fibromyalgia Solution: The Essential Guide to Overcoming Chronic Fatigue and Fibromyalgia, Made Easy! The New Bible Cure for Chronic Fatigue and Fibromyalgia: Ancient Truths, Natural Remedies, and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) The Fatty Liver and Weight Loss Solution, Proven Natural, Safe and Non-Toxic Strategies to Reverse, Cure and Prevent Fatty Liver.-Fatty Liver Cure, Fatty ... Fatty Liver Disease, Fatty liver cure) Adrenal Fatigue Cure Guide (Beat Chronic fatigue): Restoring your Hormones and Controling Thyroidism Eczema Cure: The Most Effective Solution To Cure Eczema Fast: A Guide To Eczema Treatment, Eczema Cure And Eczema Remedies For Perfect Clear Skin (Eczema, ... Psoriasis, Rosacea, Seborrheic Dermatitis) Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure,Fatty Liver diet,Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) 14-day Zero Sugar detox diet: Sugar detox diet for beginners to Increase energy, smash cravings and lose weight.: Sugar detox diet for beginners to Increase energy, smash cravings and lose weight. Sugar Detox: Beat Sugar Cravings Naturally in 14 Days! Lose Up to 15 Pounds in 14 Days! Step-By-Step Meal Plan And Recipes To Kick Sugar Cravings And ... diet, sugar free diet, low sugar diet,)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)